

Infant Formula Selection & Solid Foods

The **Infant Formula Selection & Solid Foods Form** is intended to be a living document shared between the child care provider and families to ensure that formula/solid baby foods (texture appropriate) are served at the discretion of the parents. **As new foods are introduced at home, the form must be updated.** This allows the child care providers to know when and what solid foods should be served.

Infant Name: _____	Date of Birth: _____
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- A. **Infant Formula Selection:** This center provides _____ (brand) iron fortified infant formula to all infants under one year of age. I **ACCEPT** or **DECLINE** (Please circle one) the center's formula. If declined, please identify what will be provided **BREASTMILK** (circle) or **FORMULA** (list brand) _____.
- B. ***Once my child is READY for solid foods, I ACCEPT or DECLINE** the center's solid foods.

Parent Signature: _____ **Date:** _____

- C. **Infant Solids Permission:** My infant is ready for solid foods to be served, in addition to formula or breast milk, according to the CACFP Infant Meal Pattern. Please insert date (month/yr) each food may be served and check all meals those foods may be served:

Food	Date (Month/Yr)	Meals (Please check)			Food	Date (Month/Yr)	Meals (Please check)			Food	Date (Month/Yr)
		BK	LU/SU	SN			BK	LU/SU	SN		
Iron-Fortified Infant Cereals					Fruit/Vegetables				Ready-to-eat Breakfast Cereal (SNACK ONLY)		
Rice					Applesauce				Cereal:		
Oat					Apricots				Cereal:		
Barley					Avocados				Cereal:		
Mixed					Bananas				Grains (SNACK ONLY)		
Wheat					Carrots				Bread/Rolls		
Meat & Meat Alternatives					Corn				Biscuits		
Beef					Green Beans				Saltine Crackers		
Dry Beans					Mango				Pancakes		
Cheese, Natural					Melon				Waffles		
Chicken					Peaches				Tortillas soft		
Cottage Cheese					Pears				Other:		
Dry peas					Peas				Please note changes to infant's feeding schedule on the back of this page.		
Fish					Plums/Prunes						
Pork					Potatoes						
Tuna					Squash						
Turkey					Sweet Potatoes						
Whole Egg					Other:						
Yogurt					Other:						
Other:					Other:						

Changes in Schedule

Date

New Instructions

Parent or Staff Signature
