

Midwest Child Care Association

February 2024
Newsletter

Your Child Care Partner

Valentine's Day Snack Mix

- O Cereal
- Dried Strawberries
- Yogurt covered raisins
- Chex Cereal

1. Combine the cereals, raisins and dried strawberries in a small mixing bowl and stir to combine. Serve and enjoy!
2. The mix will keep in a covered container at room temperature for up to 10 days.

Snacks at Valentine's day parties can be tricky when trying to meet CACFP meal pattern. Here is a great way to show the little ones some special love. ❤️ And you're doing it without a lot of added sugar cause they just don't need it at that age and stage. But that doesn't mean they can't have some fun snacks!



Note from Janet...

Welcome to 2024, although we are almost a month into it already. I wanted to give you all an update on my health. I am still fighting the good fight, I have good days and bad, but I'm thankful for all of them. I'm still leading Midwest on our day to day operations remotely, but luckily I have a capable and great team to work with, it makes my job very easy! I am truly thankful for all of you as well. I appreciate you sticking with us during this difficult period, it means the world to us. I wish you all a wonderful 2024!

Janet



Reminder



Milk is a required component at breakfast, lunch, and dinner.

1 year olds need whole milk and children 2+ need either 1% or skim. Soy and Lactose Free need a parent statement. Any other substitutions need a medical statement.

Please check your error report each month. This is viewable after the 10th. Reach out to your monitor if you need help finding it.





Midwest Team

In January, Nicole Million, our center's claim assistant accepted the position of Program Director at HeartWise, a program that provides comprehensive support to children with Autism here in Omaha. We are very proud of Nicole and wish her nothing but success with her new opportunity.

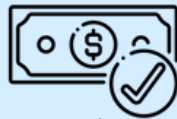


Rhonda Behrens has joined our team to fill Nicole's role. She will be assisting in determining income eligibility forms. Rhonda comes to us with a sparkling personality and a long history in customer service and the banking industry. We think that she will be a wonderful addition to the Midwest team.

Go to
<https://help.kidkare.com/help>
to look for training videos,
instructions, and to submit a
ticket when the website isn't
working properly



As always...



Check release dates are tentative. Unfortunately the funds are sometimes delayed. This is completely out of our hands. We understand how much you depend on your reimbursement and we assure you, those funds are distributed as soon as we receive them.

Upcoming Trainings



- Feb 1 - The Little Snowplow Wishes: Interactive Preschool - webinar
- Feb 5 - Sugar: Risk and recommendations to manage children's intake - webinar
- Feb 8 - Love Monster: Interactive Preschool - webinar
- Feb 8 - HSI Pediatric First Aid Renewal
- Feb 15 - Luna Muna: Interactive Preschool - webinar
- Feb 22 - Penguin Problems: Interactive Preschool- webinar
- Feb 29 - Ideas to keep kids active when cold outside - webinar
- Feb 29 - HSI Pediatric First Aid Full class

For more details and to sign up, go to midwestchildcare.org