



Midwest Child Care Association

June 2024
Newsletter

Your Child Care Partner

We still can't believe that she's gone... Janet made coming to work every day such a joy for all of us here at Midwest. Besides being the life of the party and having an infectious laugh, she truly cared about the work she did. We strive for nothing more than to carry on her mission of making sure children throughout the state receive nutritious meals and never go hungry. We appreciate every one of your kind words, emails, and cards letting us know how much Janet meant to you. She meant a lot to all of us too.



-The Midwest Team



KidKare

You can now mark when an infant is developmentally ready for solid foods in KidKare for new children when you are enrolling them and for existing children when they are ready for foods.

The screenshot shows the 'Enrollment Details' section for a 'New child'. The 'Classroom' dropdown is set to 'Withdrawn Children'. The 'Enrollment Date' is 05/13/2024 and the 'Enrollment Expiration Date' is 05/31/2025. In the 'Special' section, the 'Developmentally Ready For Solid Foods' checkbox is checked and highlighted with a red box, with a date of 05/03/2024.

The screenshot shows the 'Allergies/Condi' section for an 'Existing child'. The 'Developmentally Ready For Solid Foods' checkbox is checked and highlighted with a red box, with a date of 05/03/2024.

Veggie Delight Pinwheels

- 8 100% whole wheat tortillas
- 8 (1 oz) cheese slices
- 1 cup hummus*
- 2 cups cucumbers, cut in 3" sticks
- 2 cups shredded carrots

Lay out one tortilla and place a slice of cheese on top. Spread 2 tbsp of hummus over the cheese. The cheese prevents the tortilla from getting soggy from the hummus! Add 1/4 cup cucumbers and 1/4 cup carrots. Roll the tortilla up and slice into 6 round pieces that look like pinwheels. This equals one serving. Repeat the process to make 8 servings.

Six slices provides 1 1/2 oz eq grains, 1 1/2 oz meat alternate, 1/4 cup vegetable and 1/4 cup second vegetable.



Upcoming Trainings

- June 6 - Elmer the Elephant: Interactive Preschool - Webinar
- June 6 - HSI Pediatric First Aid - in person
- June 8 - Mindfulness, Meditation and Yoga for Children's Health - in person
- June 13 - A Camping Spree with Mr. Magee: Interactive Preschool - Webinar
- June 20 - Summer Song: Interactive Preschool - Webinar
- June 20 - HSI Pediatric First Aid - in person
- June 27 - Ten Rules of Being a Superhero: Interactive Preschool - Webinar

For more details and to sign up, go to midwestchildcare.org



Did you know?

You can replace your fruit with a 2nd vegetable at lunch and dinner! Vegetables are a wonderful way for Child and Adult Care Food Program participants to get important vitamins and minerals included in their everyday diet.

