

RAINBOW ENGLISH MUFFIN PIZZA

INGREDIENTS

- Whole grain English muffins, tortilla or pizza crust
- Tomato based pizza sauce
- Diced tomatoes or Red pepper
- Chopped yellow pepper or corn
- Chopped green peppers or broccoli florets
- Chopped purple onion
- Mozzarella cheese

DIRECTIONS

- Cut and dice veggies to bite size pieces
- Cut English muffins in half and toast (if using tortilla not need to toast or prepare pizza crust as directed.)
- Spread pizza sauce over each half of English muffin
- Top with cheese
- Arrange colored veggies in a rainbow from red, orange, yellow, green, purple.
- Heat in oven at 350 degrees until the cheese is melted.
- Serve immediately